

LPR CONSTRUCTION CO.

**Certification Regarding Tobacco Use**

LPR Construction is implementing a Wellness Incentive Plan. As the corporate culture evolves at LPR Construction, our increased focus on the health of our employees remains a top priority. The Wellness Incentive Plan will include certification of tobacco/non-tobacco use.

Tobacco includes cigars, cigarettes, chewing tobacco, pipe tobacco, or any other tobacco product. FDA approved Nicotine replacement therapies (NRT) are not considered tobacco usage.

LPR Construction will add \$125 per month for tobacco users to your health care premium unless you complete one of the following:

**A. Non-Tobacco Use Certification on your Physician Form & This Acknowledgement**

**B. Certification of Tobacco Cessation Program Completion with Cigna**

The details of the program and eligibility are outlined below:

- To qualify for the non-tobacco rate, full-time employees enrolled in the Medical Plan must certify that they are non-tobacco users, or that they are tobacco users who have completed a cessation program or that they are tobacco users that have completed 6 coaching calls with a Cigna coach.
- “Non-tobacco user” is defined as a person that has not used tobacco products for at least 90 days before the date he/she signs the certification that he/she is a non-tobacco user and must continue to not use tobacco for the next 12 months.
  - If the person signing the document has used tobacco products in the last 90 days, he/she may receive the credit by registering for and completing the Cigna tobacco cessation program or participating in 6 coaching calls with a Cigna coach. To enroll in the Tobacco Cessation program, call Cigna at 1-866-494-2111 or go online, [www.mycigna.com](http://www.mycigna.com). To participate in the coaching calls contact a Cigna coach at 1-855-246-1873. Please notify Human Resources once you have completed either option.
- Employees covered by the health plan who do not use tobacco products must:
  - Complete the Physician Form and submit it to Preventive Health Now.
  - Return this form to certify as Non-Tobacco user
- Providing inaccurate or false information to receive the non-tobacco rate may result in disciplinary action and withdrawal of the discounted rate for the remainder of the year.
- LPR Construction reserves the right to conduct testing to verify that attestations are correct.

Have you used tobacco products as defined above within the last 90 days prior to the date of your eligibility or the date you sign this certification?

Yes

No

I choose not to declare

If I answer "Yes" or "I choose not to declare" above, I acknowledge that I will pay the \$125.00 monthly surcharge premium.

If I answer "No" above, I do hereby affirm that I am not now nor have I been a user of tobacco products for at least 90 days immediately prior to eligibility or signing this certification and that I plan to be tobacco free for the next 12 months. Under the penalties of perjury, I declare that I have read the foregoing certification and that the answers I have given are true.

I hereby certify that I have read and understand the LPR Construction Co. tobacco policy for medical plan premium credit.

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Print Name

\_\_\_\_\_  
Date

Complete and return this Certification to your Human Resources Department. Please keep a copy for your records. You can send in the original to the Corporate Office or a scanned copy to [mmartz@lprconstruction.com](mailto:mmartz@lprconstruction.com), fax # 970-203-2572.